|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Studies** | **Quality Indicators From Jadad Scale** | | | | **Score** |
| **1** | **2** | **3** | **4** |
| RCT | | | | | |
| Blanke et al, 2008 | 2 | 2 | 0 | 1 | 5 |
| Verweij et al, 2004 | 2 | 2 | 0 | 1 | 5 |
| Demetri et al, 2002 | 2 | 2 | 0 | 0 | 4 |