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| **Table S1: Characterization of the Frailty Phenotype in the AIDS Linked to the IntraVenous Experience (ALIVE) Cohort**

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| **Weight loss** | Greater than or equal to 5% loss of body weight since prior visit by direct measurement  |
| **Low physical activity** | “Does your health now limit the kinds or amounts of vigorous activities you can do, like lifting heavy objects, running, or participating in strenuous sports?”Positive: limited a lot |
| **Poor endurance**  | “During the past week, I felt that everything I did was an effort” OR“During the past week, I could not get going” (taken from the Center for Epidemiologic Studies-Depression Scale)Positive: moderate or most of time for either |
| **Decreased grip strength**  | Grip strength was assessed using a Jamar dynamometer (Sammons Preston, Bolingbrook, IL). Grip strength was binned into quintiles by gender and BMI. Positive: lowest 20th percentile by gender and BMI |
| **Slow gait**  | Time to walk 4m at usual pace. Gait speed was binned into quintiles by gender and median height. Positive: lowest 20th percentile by gender and median height |

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