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| **Table S1: Characterization of the Frailty Phenotype in the AIDS Linked to the IntraVenous Experience (ALIVE) Cohort**   |  |  | | --- | --- | | **Weight loss** | Greater than or equal to 5% loss of body weight since prior visit by direct measurement | | **Low physical activity** | “Does your health now limit the kinds or amounts of vigorous activities you can do, like lifting heavy objects, running, or participating in strenuous sports?”  Positive: limited a lot | | **Poor endurance** | “During the past week, I felt that everything I did was an effort” OR  “During the past week, I could not get going” (taken from the Center for Epidemiologic Studies-Depression Scale)  Positive: moderate or most of time for either | | **Decreased grip strength** | Grip strength was assessed using a Jamar dynamometer (Sammons Preston, Bolingbrook, IL). Grip strength was binned into quintiles by gender and BMI.    Positive: lowest 20th percentile by gender and BMI | | **Slow gait** | Time to walk 4m at usual pace. Gait speed was binned into quintiles by gender and median height.  Positive: lowest 20th percentile by gender and median height | |