

## Paradoxical Growth Enhancement of Myeloma Cells Induced by Interferon- $\alpha$

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**ABSTRACT.** To evaluate and generalize the effects of IFN- $\alpha$  on myeloma cells, their growth features were studied using 14 myeloma cell lines established at Kawasaki Medical School. Although 5 out of 14 lines showed significant growth inhibition, two lines revealed growth enhancement. Furthermore, this growth enhancement disappeared when JAK/STAT signaling was inhibited using AG490. Further investigations of which molecules are involved in this growth enhancement and what cellular characteristics affect the growth response in myeloma cells against IFN- $\alpha$  are necessary.

**Key words:** myeloma — IFN- $\alpha$  — JAK/STAT

Multiple myeloma remains an incurable hematological malignancy.<sup>1-4)</sup> Since the introduction of melphalan and prednisolone (MP therapy) to improve the clinical response to myeloma, large numbers of multi-drug chemotherapies have been reported.<sup>5,6)</sup> However, there has been little improvement in outcome during the past three decades. Recently, interferon- $\alpha$  (IFN- $\alpha$ ) has been used as a chemotherapeutic agent for myeloma with or without other cytoreductive drugs.<sup>7-13)</sup> There have been reports of its clinical effectiveness, particularly as a main agent for maintenance therapy.<sup>7,8)</sup> Several investigations including our own have shown the cellular biological effects of IFN- $\alpha$  on myeloma cells to be induction of apoptosis,<sup>14-16)</sup> down-regulation of interleukin (IL)-6 receptor (R),<sup>17-20)</sup> and an inhibition of the IL-6 dependent signaling pathway.<sup>17-20)</sup>

In this study, we examined the growth features of human myeloma cell lines established in our laboratory cultured with IFN- $\alpha$  to generalize its effects. Interestingly, a few lines showed paradoxical growth enhancement transducing via the JAK/STAT pathway. Based on these results, cases should be taken in using this agent clinically.

## MATERIALS AND METHODS

### Cell lines used in this study

Fourteen human myeloma cell lines established at Kawasaki Medical School were used in this study.<sup>21-25)</sup> Information on these lines is given in Table 1. The culture conditions have been reported previously.<sup>22-25)</sup>

TABLE 1. Information on human myeloma cells established at Kawasaki Medical School

	Cultured tissue	Particular karyotype	Overexpressed gene	Other characteristics
KMM-1	subcutaneous tumor	t(8; 14)(q24; q32)		IL-10 production
KMS-11	pleural effusion	t(4; 14)(q16.3; q32.3) t(14; 16)(q32.3; q23)	FGFR3(with mutation) c-maf	IL-10 production
KMS-12PE	pleural effusion	t(11; 14)(q13; q32)	cyclin D1	amylase production(+) CD7(+)
KMS-12BM	bone marrow	t(11; 14)(q13; q32)	cyclin D1	amylase production(-)
KMS-18	peripheral blood	t(4; 14)(q16.3; q32.3)	FGFR3(with mutation)	
KMS-20	bone marrow	-13 t(1; 16)(q21; q22)		familial case
KMS-21PE	pleural effusion	t(11; 14)(q13; q32) t(8; 14)(q24; q32)	cyclin D1	CD7(+) IL-10 production
KMS-21BM	bone marrow	t(11; 14)(q13; q32) t(8; 14)(q24; q32)	cyclin D1	CD7(+)
KMS-24BM	bone marrow	t(1; 6)(p13; q23)	n.e.	IL-10 production
KMS-26	pleural effusion	now examining(n.e.)	n.e.	n.e.
KMS-27	peripheral blood	n.e.	n.e.	n.e.
KMS-28PE	pleural effusion	n.e.	n.e.	n.e.
KMS-28BM	bone marrow	n.e.	n.e.	n.e.
KMS34	pleural effusion	n.e.	n.e.	n.e.

FGFR3; fibroblast growth factor receptor 3

### Growth assay

The effect of IFN- $\alpha$  on myeloma cell growth was examined using the WST-1 assay.<sup>26)</sup> Briefly, cells were cultured with 0, 50, 100, 200 units/ml of recombinant IFN- $\alpha$ -2b (Intron A<sup>®</sup>: kindly provided by Schering-Plough K.K., Osaka, Japan) for two days and applied to a Premix WST-1 Cell Proliferation Assay System (Takara Biochem., Tokyo, Japan). Water-soluble tetrazolium salt, 2-(4-iodophenyl)-3-(4-nitrophenyl)-5-(2,4-disulfophenyl)-2H-tetrazolium, a monosodium salt (WST-1), was added to the culture for the final four hours. Then, the absorbance ( $A_{450nm} - A_{600nm}$ ) of formosan which is the product of the reduction of WST-1 by mitochondrial dehydrogenase, was measured by an ELISA reader and cell growth was determined as a percentage of the control (no addition of IFN- $\alpha$ ). In addition, the effects of various inhibitors for signaling pathways; i.e., AG490 (10 mM); JAK-2 inhibitor, Wortmannin (10  $\mu$ M); PI3-K (phosphatidylinositol 3 kinase) inhibitor, and PD98059 (1 mM); MAP kinase (MEK1) inhibitor, on IFN- $\alpha$ -induced growth enhancement in the KMS-34 line were also assayed using WST-1.

### Statistical analysis

The statistical significance of the changes in the growth of myeloma cells

cultured with various concentrations of IFN- $\alpha$  and the effects of various signaling inhibitors were analyzed using Scheffe's F test.

**RESULTS**

**Growth of myeloma cell lines cultured with IFN- $\alpha$**

As shown in Fig 1, the KMS-20 line was the most sensitive to IFN- $\alpha$  and revealed remarkable growth inhibition even in the lowest concentration of IFN- $\alpha$  studied. The KMS-27, KMS-21BM, KMS-12BM, and KMS-18 lines showed significant IFN- $\alpha$ -induced growth reduction and this growth inhibition seemed dose-dependent.

There were no changes in the growth features of the KMS-11, KMS-21PE, KMS-28PE, and KMS-28BM lines among the studied concentrations of IFN- $\alpha$  (no change group : NC). In addition, although KMM-1, KMS-12PE and KMS-26 showed growth enhancement in one or two of the IFN- $\alpha$  concentrations studied, these lines might be placed in the NC group because enhancement in these lines was statistically significant but slight and dose-independent.

It was noteworthy that the KMS-24BM and KMS-34 lines paradoxically showed growth enhancement even in the lowest concentration of IFN- $\alpha$  studied and this enhancement was of a similar degree at the other concentrations studied with these lines (Fig 2).

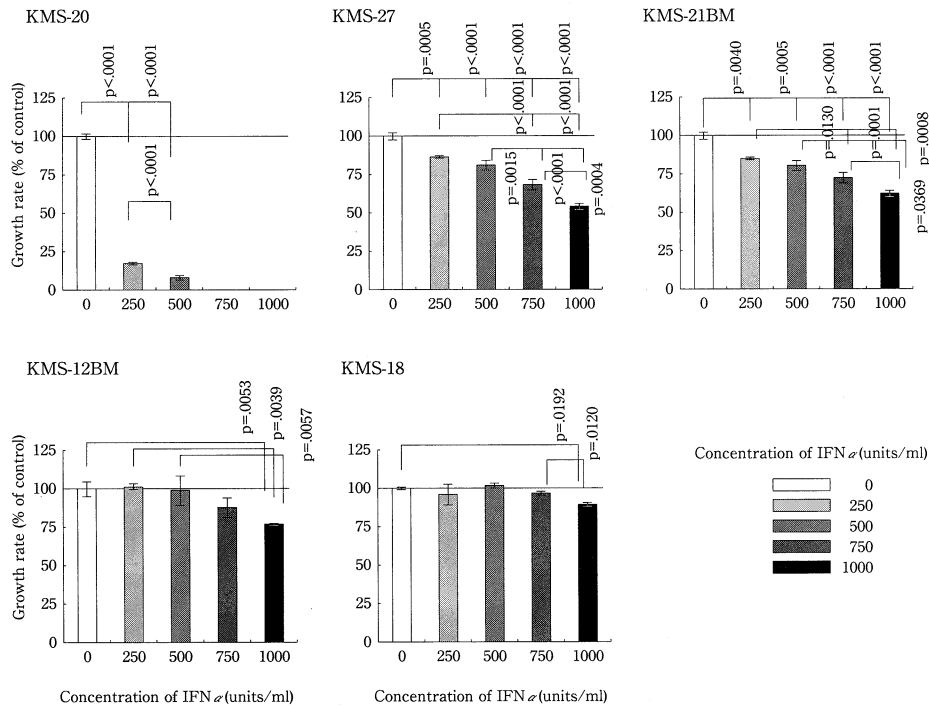


Fig 1. Five human myeloma cell lines (KMS-20, KMS-27, KMS-21BM, KMS-21BM, and KMS-18) revealed growth reduction when cells were cultured with various amounts (0, 250, 500, 750, and 1000 units (u)/ml) of IFN- $\alpha$ . The growth was assayed by WST-1. The growth rate was presented as the % of the control cultured without IFN- $\alpha$ .

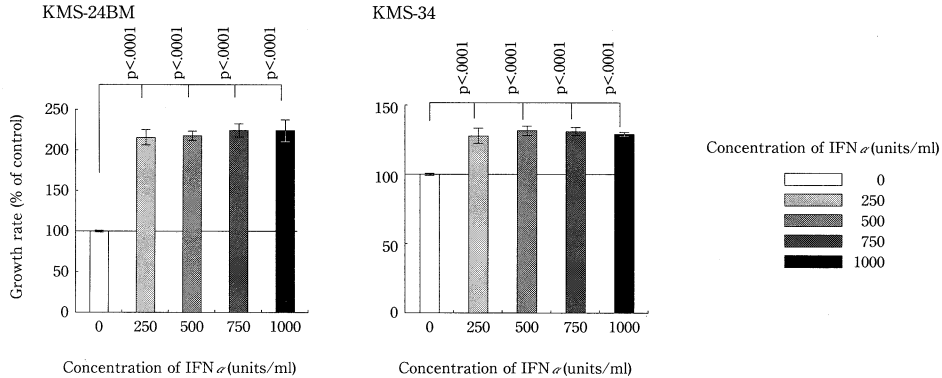


Fig 2. KMS-24BM and KMS-34 myeloma lines showed growth enhancement when cultured with various amounts of IFN- $\alpha$ .

**Effects of signaling inhibitors in IFN- $\alpha$ -induced growth enhancement in KMS-34**

To assess which signaling pathway was involved in IFN- $\alpha$ -induced growth enhancement in KMS-34 cells, the effects of various signaling inhibitors were examined. As shown in Fig 3, PD98059 (1 mM) and Wortmannin (10  $\mu$ M) did not disturb IFN- $\alpha$ -induced growth enhancement in KMS-34 cells, but when AG490 (10 mM) was added to the culture, KMS-34 showed a loss of growth enhancement due to IFN- $\alpha$ .

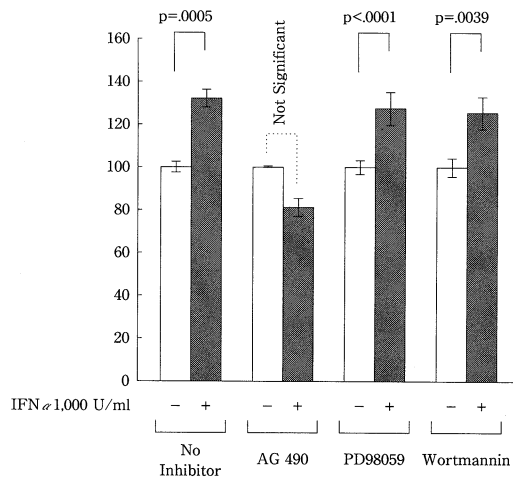


Fig 3. KMS-34 cells were cultured with or without 1000 u/ml of IFN- $\alpha$ . Various signaling inhibitors; i.e., AG490 (10 mM); JAK-2 inhibitor, Wortmannin (10  $\mu$ M); PI3-K (phosphatidylinositol 3 kinase) inhibitor, and PD89059 (1 mM); MAP kinase (MEK1) inhibitor, were added to the culture. Y-axis shows growth rate (% of control).

**DISCUSSION**

One of the most important problems in myeloma therapy is a lack of

improvement in overall survival rates,<sup>1-6)</sup> although remission induction has gotten better since the introduction of VAD therapy<sup>27-29)</sup> and hematopoietic stem cell transplantation.<sup>30,31)</sup> Recently, there have been several reports of new agents for myeloma therapy such as all trans retinoic acid (ATRA),<sup>32,33)</sup> thalidomide,<sup>34,35)</sup> bisphosphonate,<sup>36,37)</sup> and ascorbic acid.<sup>38,39)</sup> However, these agents are still being used on a trial basis.

IFN- $\alpha$  has come into common clinical use during this decade, particularly for maintenance therapy after the achievement of good remission. However, no standards for usage of IFN- $\alpha$  have been established. It has not been decided whether or not it should be used as a single agent, combined with other cytoreductive agents, or used after stem cell transplantation. In addition, it has not been clarified how IFN- $\alpha$  acts on human myeloma cells.

Although there have been several reports concerning the mechanism involved in the growth inhibition of myeloma cells induced by IFN- $\alpha$ , little is known regarding growth enhancement of these cells. The results of this study and a few previous investigations have shown that there are myeloma cells in which growth is enhanced by IFN- $\alpha$ .<sup>14,18)</sup> However, there has been little clarification of why IFN- $\alpha$ -induced growth enhancement in myeloma cells occurs and how the growth signal is transduced. Our results clearly demonstrated that the JAK/STAT pathway is involved in this growth enhancement, but that the MAK kinase and PI3-K pathways are not.

Even after obtaining these results, it remains unclear which genes are up- or downregulated by IFN- $\alpha$ , which receptors on the cell surface of myeloma cells play an important role in the response to IFN- $\alpha$ , and which cellular characteristics of myeloma cells make difference in reduction or enhancement of their growth by IFN- $\alpha$ . It would be considered that IL-6R/gp130 receptor complex possesses an important role in alteration of myeloma cell growth caused by IFN- $\alpha$ , because main signaling pathway from this complex is JAK/STAT one. In addition, down-regulation of IL-6R,<sup>17-20)</sup> and an inhibition of the IL-6 dependent signaling pathway<sup>17-20)</sup> have been reported to be involved in growth inhibition of myeloma cells caused by IFN- $\alpha$ . Clinically, it may be helpful to analyze the relationship between response to IFN- $\alpha$  and serum IL-6 or soluble IL-6R values in myeloma patients, and surface expression of IL-6R (CD126), gp130 (CD130) in primary myeloma cells. Future investigations should be focused on dysregulation of this signaling pathway to recognize primary myeloma cells which are sensitive to IFN- $\alpha$  therapy clinically.

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